

Glen Rock Volunteer Ambulance Corps
700 South Maple Avenue Glen Rock, NJ 07452
Dr. Carl Renner (201) 288-6781 (GRVAC Physician)

Date _____

1. APPLICANT'S INFORMATION (Applicant completes this section)

| | | | |
|--------------------------------------|---------------|--------|-------------|
| Applicant Name (Last, First, Middle) | Soc. Sec. No. | DOB | Age |
| Address | Home Phone | Mobile | M____ F____ |

If the applicant has a history of, or is being treated for, any medical, mental or physical reasons, the applicant must have a letter from their tending health care professional stating that the applicant is capable of performing the duties associated with being an Emergency Medical Technician (EMT) as stated in Sections 1 and 2 attached. This letter will be presented to the GRVAC physician performing the physical examination.

This document should include:

- A. Acknowledgement that they can perform the duties of an EMT as specified in the attached
 - Section 1. Duties of an EMT.
 - Section 2. Physical and Mental Demands.
- B. Diagnosis.
- C. Occurrence.
- D. Degree of limitation such impairment(s) may impose on the individual's ability to perform the duties associated with an EMT.
- E. Medications.

Additionally, the health care professional should acknowledge on page 2, under Health Care Professional that they have read Sections 1 and 2.

APPLICANT:

I certify that the information I have provided in my examination is complete and true. I understand that inaccurate, false or missing information may invalidate this examination and my status as a member of the GRVAC.

Applicant Name _____

Applicant Signature _____ Date _____

Applicant's parent or guardian if applicant if under 18 years of age.

Parent or Guardian Name _____ Relationship _____

Parent or Guardian Signature _____ Date _____

Note to Applicant: This page is to be returned to the GRVAC. The actual physical examination form will remain with the examiner. Your medical information is private and privileged between you and the physician.

NOTE: Applicants under the age of 18 must be accompanied by a parent or guardian.

HEALTH CARE PROFESSIONAL

I certify that I have read Sections 1 and 2 attached.

Physician: _____
Signature Telephone Date

Physician's Name _____
Print

Number _____

License or Certificate number/issuing state (NJ__)(MD__)(PA__)(APN__)

Any documentation that I provide regarding my patient as discussed on Page 1 will be delivered to the patient or the GRVAC Physician. The release letter will be kept on file at the GRVAC Physician's office.

GRVAC PHYSICIAN'S REPORT

I certify that I have read Sections 1 and 2 and have examined the applicant,

(Applicant's name) _____.

I determine the applicant to be:

___ Qualified

___ Deferred Explanation _____

___ Unqualified Explanation _____

The information I have provided regarding this physical examination is true and complete. A complete examination form with any attachment embodies my findings completely and correctly, and is on file in my office.

Physician: _____
Signature Telephone Date

Physician's Name _____
Print

Number _____

Physician's License or Certificate number/issuing state (NJ__)(MD__)(PA__)(APN__)

SECTION 1. DUTIES OF AN EMT:

The following is a functional position description for the Emergency Medical Technician (EMT). This document identifies the qualifications, competencies and tasks expected of the EMT.

A. Qualifications for Certification:

- Apply and successfully complete a state approved EMT training program.
- Be a minimum of 16 years of age upon enrollment, and
- Successfully complete certification examinations.
- Have the ability to hear, read, write, communicate, and interpret instructions in the English language.
- Demonstrate competency in handling emergencies using basic life support equipment in accordance with the objectives in the U.S. Department of Transportation National Standard Curriculum for EMT and other objectives identified include having the ability to:
 - Verbally communicate in person and via telephone and telecommunications; communicate the status of a patient to other EMS providers and hospital staff; and hear via telecommunications, telephone and patient/bystanders voice.
 - Lift to a height of 33 inches, and carry and balance a minimum of 125 pounds.
 - Use good judgment and remain calm in high-stress situations.
 - Read training manuals, books and road maps.
 - Accurately discern street signs and address numbers.
 - Verbally interview patients, family members, and bystanders and hear their responses.
 - Document, in writing, all relevant information in prescribed format.
 - Verbally communicate status of patients to co-workers and hospital staff, and answer oral questions.
 - Demonstrate manual dexterity, with the ability to perform all tasks to quality patient care.
 - Bend, stoop, crawl, and walk on uneven surfaces.
 - Function in varied environmental conditions such as lighted or darkened work areas, and extreme heat, cold, and moisture.

B. Description of Tasks:

The EMT may function alone or as a member of a multimember team. Tasks which the EMT may perform include the following:

- Receive calls from a dispatcher, verbally acknowledge the call, read road maps, assist in the identification of the most expeditious route to the scene, and observe traffic ordinances and regulations enroute to and from the emergency scene.
- Upon arrival at the scene, insure the vehicle is parked in a safe location; perform a size-up to determine scene safety, mechanism of injury or illness, determine scene safety, mechanism of injury or illness, determine the total number of patients, and request additional help if necessary.
- In the absence of law enforcement, create a safe environment for the protection of the injured and those assisting in the care of patient(s).
- Determine the nature and extent of illness, take pulses, blood pressure by auscultation and palpation, visually observe changes in skin color, and establish a priority for emergency care. Based on assessment findings, render emergency care to adults, infants, and children.
- Establish and maintain an airway, ventilate patients, perform cardiac resuscitation, use automated external defibrillators, provide pre-hospital emergency care of single and multiple system traumas such as controlling hemorrhage, treatment of shock (hypoperfusion), bandaging wounds, and immobilization of painful swollen and deformed extremities.
- Manage medical patients to include assisting in childbirth, management of respiratory, cardiac, diabetic, allergic, behavioral and environmental emergencies, and suspected poisonings.
- Search for medical identification emblems, bracelets, or cards that provide emergency care information. Additional care is provided based on assessment of the patient and obtaining past medical information.

- Assist patients with prescribed medications including sublingual nitroglycerine, epinephrine auto injectors, and hand held aerosol inhalers.
- Administer oxygen, oral glucose.
- Reassure patients and bystanders by working in a confident, efficient manner and avoid mishandling patients and undue haste while working expeditiously.
- Where extrication is required, assess the extent of injury and give all possible emergency care and protection to the patient. Use recognized techniques and equipment to remove patients safely.
- Radio the dispatchers for additional help as necessary. Following extrication, provide additional medical care and triage injured victims in accordance with standard emergency procedures.
- Comply with regulations on the handling of crime scenes and pre-hospital death by notifying appropriate authorities and arrange for protection of property and evidence.
- Carry and lift the stretcher, placing it in the ambulance and see that the patient and stretcher are secured. Continue care enroute to the appropriate facility.
- Determine the most appropriate facility for patient transport unless otherwise directed by medical control. Report the nature and extent of injuries, the number of patients being transported, and the destination of patients to ensure prompt medical care in accordance with protocols.
- Observe and reassess the patient enroute, and administer care as directed by medical control. Assist with lifting and moving the patient and appropriate equipment from the ambulance into the emergency facility.
- Report verbally and in writing, observations and emergency treatment given to the patient, at the scene and in transit, to the receiving staff for record keeping and diagnostic purposes. Upon request, provide assistance to the receiving facility staff.
- After completion of the call, restock and replace patient care supplies, clean all equipment following appropriate decontamination and cleaning procedures, make careful examination of all equipment to ensure availability of the ambulance for the next call. Maintain the ambulance in an efficient operating condition.
- Attend continuing education and refresher training programs as required by employers' medical direction and/or the certifying agency.
- Meet qualifications within the functional position description of the EMT.

SECTION 2. PHYSICAL and MENTAL DEMANDS:

Responsibilities, schedules, physical demands, emotional demands, and conditions will vary depending on the type of situation that the applicant is responding to. Some of the main types of situations may include the following involvement in stressful and emotionally charged situations including fatalities, drug or alcohol induced behavior, call to duty at any time of day or night, performing repetitive skills for extended periods of time (i.e. CPR), lifting and carrying patient of all sizes up and down stairs or over uneven terrain, working in close quarters during extrication procedures, exposure to atmospheres inhabited by sick and very sick persons, ambulance driving on local streets and highways. In addition, the applicant must have the perceptual skills to monitor a sometimes complex situation and the judgment skills to make quick decisions when necessary. Since the applicant will be dealing with the sick and injured and persons with diminished immune systems, persons with communicable diseases cannot be considered for Glen Rock Volunteer Ambulance Corps duty.

All duties and responsibilities expected of/from the applicant would be consistent with and under the guidelines of the State of New Jersey training for EMT's up to the limit of said applicant's highest level of training.

- A. A person shall not function as a full time riding member of GRVAC unless he or she is physically qualified to do so and the GRVAC physician shall have in its personal file, for the person, the original or a photographic copy of the current medical examination stating that they are physically qualified to do so.
- B. A person is physically qualified to be a full riding member if that person
 - 1) Has no loss of a foot, a leg, a hand or an arm.
 - 2) Has no impairment of a

- hand or finger which interferes with performance of power grasping,
 - or an arm, foot or leg which interferes with the ability to perform normal tasks associated with the duties of an EMT,
 - or any other significant limb defect or limitation which interferes with the ability to perform normal tasks associated with the duties of an EMT.
- 3) Has no established medical history or clinical diagnosis of diabetes mellitus currently requiring insulin for control.
 - 4) Has no clinical diagnosis of myocardial infarction, angina pectoris, coronary insufficiency, thrombosis, or any other cardiovascular disease of a variety know to be accompanied by syncope, dyspnea, collapse, or congestive cardiac failure.
 - 5) Has no established medical history or clinical diagnosis of a respiratory dysfunction likely to interfere with this ability to perform normal tasks associated with the duties of an EMT.
 - 6) Has no clinical diagnosis of high blood pressure likely to interfere with the ability to perform normal tasks associated with the duties of an EMT.
 - 7) Has no established medical history or clinical diagnosis of rheumatic, arthritic, orthopedic, muscular, neuromuscular, or vascular disease which interferers with the duties of an EMT.
 - 8) Has no established medical history or clinical diagnosis of epilepsy or any other condition which is likely to cause loss of consciousness or any loss of ability which interferes with the ability to perform normal tasks associated with the duties of an EMT.
 - 9) Has no mental, nervous, organic or functional disease or psychiatric disorder likely to interfere with the ability to perform normal tasks associated with the duties of an EMT.
 - 10) Has distant visual acuity of at least 20/40 (Snellen) in each eye without corrective lenses or visual acuity separately corrected to 20/40 or better with correctible lenses, distant binocular acuity of at least 20/40 in both eyes with or without corrective lenses, field of vision of at least 70 degrees in the horizontal meridian in each eye, and the ability to recognize the colors of traffic signals and devices showing standard red, green and amber.
 - 11) First perceives a forced whispered voice in the better ear not less than 5 feet without the use of a hearing aid, or if tested by use of an audiometric device does not have an average hearing loss in the better ear greater than 49 decibels at 500Mz, 1000Hz and 2000Hz with or without a hearing aid.
 - 12) Does not use an amphetamine, a narcotic, or any other habit forming drug.
 - With the exception that an applicant/member may use such a substance or drug if the substance or drug is prescribed by a licensed medical practitioner who is familiar with the applicant's medical history and assigned duties.
 - Has advised the applicant that the prescribed substance or drug will not adversely affect the applicant's ability to safely perform the normal tasks associated with the duties of an EMT.
 - 13) Has no current clinical diagnosis of alcoholism.